

INTERACTIVE ONE-DAY WORKSHOP

The group-based learning experience enables people to adapt and thrive in a permanently evolving environment.



EXPLORE what you really want in life and work.
LEARN about effective ways to make it happen.
ALIGN what motivates you with the needs of your organization.

“This workshop has allowed team members to express themselves more fully, contributing to a more mature collective and allowing everyone to take their place within the team.”

Christine P., Team Leader

PROGRAM

- 1 **See more clearly** how to shape a fulfilling work/life.
- 2 **Explore** the greytogreen process in more depth in order to reconnect with your intrinsic motivation and heart's desires.
- 3 **Practice** with real-life cases around more life-defining challenges.
- 4 challenges.
- 5 **Engage in self-discovery** and work in pairs to identify new paths to reach your ideal future state.
- 6 **Apply** the greytogreen tools to align your own wishes with the demands of your professional life.

PARTICIPANT TAKEAWAYS

- ✓ "I reconnected with my heart's desires."
- ✓ "I can see possibilities to integrate them into my work environment and personal life."
- ✓ "I am able to be more of who I truly am whilst making valuable contributions to others."

LEARNING METHODOLOGY

You work in various groups of three to four people.

Inspiring posters, cards, pictures and stories ensure interactive and engaged learning.

You explore real-life cases and scenarios in a safe learning environment. Then you apply the newly gained insights to your own context.

SIMPLE

Quick to implement and accessible to all and, even without prior knowledge.

SCALABLE

Begin with one team, then implement greytogreen throughout your organization. Worldwide.

SUSTAINABLE

Integrate the greytogreen mindset in your daily routines and it becomes part of your company's culture. Develop a learning organization.

TWO ONE-DAY WORKSHOPS THAT ARE MUTUALLY REINFORCING

greytogreen CHOICES & RESULTS

building block one: You learn and practice handling challenging situations more effectively.

greytogreen PURE MOTIVATION

building block two: You focus on the more strategic side of your personal development themes and thus pave the way to unfolding your potential even more.

